**A gift for all at SFWorldday, May 3rd 2020**

**Brief therapy, the Bruges Model, written by dr. Myriam Le Fevere de Ten Hove, co-founder of Korzybski Institute Bruges and co-inspirator of the Bruges Model.**

The Bruges Model has been developed by the Korzybski Institute in Bruges (Belgium) & Paris with dr. Luc Isebaert, dr. Marie-Christine Cabié, Erwin De Bisscop, Louis Cauffman and dr. Myriam Le Fevere de Ten Hove, starting with the professional friendship between Luc and Myriam since 1978, exploring what works in therapy. Godfather and godmothers of the Bruges Model are Steve de Shazer, Insoo Kim Berg and Yvonne Dolan, who have been publishing this solution focused approach since 1984 (accepted May, 3rd 1983). Since 1990, an intense friendship and co-creation has developed between the inspirers of the Brief Family Therapy Center BFTC and those of the Korzybski Institute.

*When back in 1984 at the newly founded Korzybski Institute, we started brainstorming about what works in psychotherapy, and about what is essential and sufficient in the therapeutic conversations, none of us could have imagined this was the beginning of a worldwide Solution Focused approach. Meeting Steve de Shazer in 1990 unleashed the creation of a Solution Focused model, a USA-European co-construction, that got distributed worldwide, thanks to the traveling zeal of Steve and Insoo.*

*In the Bruges Model we describe the basics of solution focused work as we learned from Milton Erickson, Ludwig Wittgenstein and Alfred Korzybski, and we present our flowchart of therapeutic relationships, promoted by Steve and Insoo as the ‘Bruges Flowchart’ (in 1996, during ‘Therapeutic Conversations II at Denver, Colorado, USA). The name ‘Bruges Model’ was given by the participants of this congress, and the Korzybski team was renamed 'The Bruges Group'. Meanwhile, different accents were developed, subjects were eliminated and added, or focused on in different ways.*

For all of you, worldwide experts inspired by the solution focused approach, we want to spread the basics of the Bruges Model. English, Dutch, Spanish, Italian, German and French translations are already on their way. As soon as ready, you’ll find them on [www.korzybski.be](http://www.korzybski.be/english).
As a gift to Myriam from all of us, it would be wonderful if we could collect as many translations of this text as possible. So if you would love to translate it in your (mother) language, feel free to let us know (info@vvdo.be).

So let’s go on, infecting all of us reaching out and distributing knowledge and wisdom of what is minimal in a consultation and respectful of the client’s choices.
Enjoy this gift.